



The Family Crisis Center's KID'S GROUPS ~ (Kids Involved in Domestic Struggles)

- † Breaking the family secrets about violence by defining violence, sharing personal experiences, and learning about range of feelings.
- † Learning to protect oneself through protection planning, learning assertive conflict resolution, and learning about safe/unsafe touching.
- † Having a positive experience in a safe and structured environment.
- † Strengthening self-esteem through positive reinforcement and validation of feelings by group leaders.

*For information regarding group times and locations, please call 673-3066
GROUPS ARE FREE OF CHARGE*