



## **Kent C. Withers Family Crisis Center**

Child & Family Tennessee's Family Crisis Center offers survivors of domestic violence resources and support that will end fear and offer lives free from violence.

Services are available in Anderson, Knox and Roane County. For information, *please call* our **24-hour hotline at 637-8000**, our Knox County office at 673-3066, or our Anderson/Roane County office at 220-5492.

### **The Family Crisis Center offers:**

- Safe emergency shelter for women & children
- Counseling and support groups for adults, teens and children in convenient locations
- 24-hour crisis hotline - services are available all day every day
- Case management and advocacy services
- Court advocacy and accompaniment
- Access to legal services for immigrant women living throughout east Tennessee
- Referrals for housing, legal services, employment & education
- Specialized services for children
- On-site services located at the Knoxville/Knox County Family Justice Center
- Education and information on domestic violence and abuse

**HELP is offered to anyone** – community agencies, professionals, family, friends and those living in abusive relationships.

Family Crisis Center services are offered free to the community.  
Volunteers, cash and in-kind donations are needed and welcome.

*Whether someone needs to talk, enter shelter or participate in our community support groups, we can help. Call us anytime, 24 hours a day, 365 days a year, at 637-8000, if help is needed dealing with a relationship.*

The Family Crisis Center is funded through the State of Tennessee Office of Criminal Justice Programs, United Way of Greater Knoxville, City of Knoxville, Knox County Government, Mount Rest Home Foundation Fund of East Tennessee Foundation, and private contributions.

## Things you can do to help

- ❖ Provide an item needed by individuals and families in shelter
- ❖ Volunteer your time – help with children's groups, work in the shelters, help on our hotline, share a talent or skill that you have. We are in particular need of individuals willing to serve as mentors and companions to our families
- ❖ Support one of our fund-raisers
- ❖ Make a cash donation
- ❖ Donate your cellular phones to us for recycling
- ❖ Educate yourself and others about domestic violence and community services
- ❖ Set an example – model non-violent and respectful behavior
- ❖ Speak up about abuse! If you see it happening, report it.
- ❖ Let a friend or family member who is being abused know there is help and you believe them. Listen without judgment.
- ❖ Encourage your pastor to speak out about violence from the pulpit
- ❖ Form a committee to design a plan to address domestic violence in your church
- ❖ Place safety materials and information about abuse where it is available
- ❖ Offer programs for youth which encourage non-violence, address issues of power and control, and non-violent conflict resolution